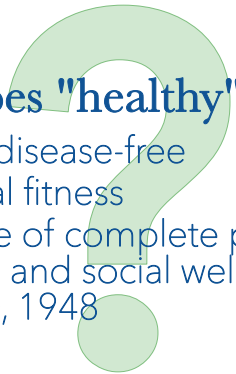


## What does "healthy" mean?

- Being disease-free
  - Physical fitness
  - "A state of complete physical, mental and social wellbeing"
- WHO, 1948



*"He who has health has hope, and he who has hope has everything."*

*- Thomas Carlyle*



Your Personal  
Hormone Consultant

**Reena Arndt, PharmD, CPh**

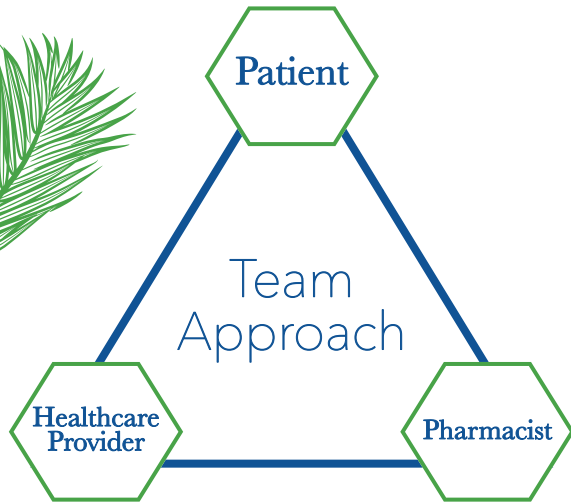
reenaarndt@wellnesspharmd.com

Phone: (352) 317-4509

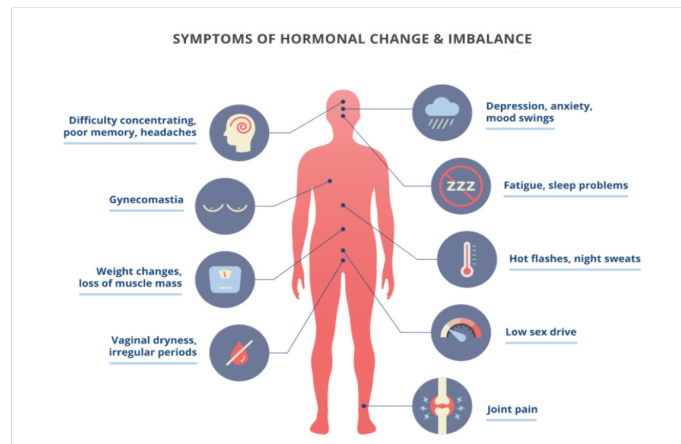
Fax: (352) 554-4062

# Age Affects Hormones

Hormones dance together. When one or more are imbalanced, so is the harmony among all of them.



We take a team approach to health, where the patient, the pharmacist and the healthcare provider work together in harmony.



Let us help you get to optimal wellbeing.

Our Process  
It's easy!

Provider requests bloodwork

Lab results sent to us, provider requests consultation with patient

We make recommendation after consultation